

At the Summit

the e-zine of Summits Wayside Tavern



August 19 2008

Pint Nights

Pint Nights are held from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

- 08/22 Harpoon
- 08/23 Ayinger Brau Weiss
- 08/29 Paulaner Hefe
- 08/30 Allagash

See online calendar for details!

What's Up At the Summit?

September Summits University Dates

Wednesday, September 10th Dogfish Head Beer Dinner! The beer dinner will take the place of the normal beer tasting this month!

- Mon., September 15th Cumming 7:00 pm
- Tues., September 16th Snellville 7:00 pm



Remember that September will feature our "Dogfish Head Beer Dinner with Sam Calagione"!

Wednesday, September 10, 2008

One Night Only!

Woodstock location 7:00 pm

\$99.99 per person

Around the World with Sam Calagione of Dogfish Head Brewing Ticket includes a 12-course meal paired with some of the most coveted beers around, as well as a signed copy of Sam's book! We'll have some favorites as well as some treats from the archives.

Our usual Summits University dates will be the following week this month! We want our guests to have two distinct experiences where we can put all of our focus on the task at hand. So, we've decided to do the beer dinner and then follow



that up with the Summits University dates the following week! Please make note of the dates and times to ensure that you're at the right place at the right time! Also note that the Beer Dinner will replace Woodstock's Summits University this month.

We look forward to seeing you at both events! See you at the Summit!

Dogfish Head

Beer Dinner 09/10

The Menu...

SHRIMP & SCALLOP CEVICHE WITH
CILANTRO, LIME AND PLANTAIN CHIP

Dogfish Head 60 Minute IPA

GRILLED OCTOPUS, PICKLED RED
ONION & RAINBOW MICRO GREENS

Dogfish Head 90 Minute IPA

SHANGHAI QUAIL QUESADILLA WITH
GOAT CHEESE, HOISIN & SWEET SOY
DIPPING

Dogfish Head Chateau Jiahu

FOREST MUSHROOM & STILTON
CHEESE RISOTTO

Dogfish Head Palo Santo

SMOKED DUCK BREAST, BABY
ARUGULA AND BALSAMIC

Dogfish Head Indian Brown

DIJON ROASTED PORK TENDERLOIN,
COLLARD GREENS AND NATURAL JUS

Dogfish Head Burton Baton

DUO OF ESPRESSO CRÈME BRULÉE &
GREEN TEA CRÈME BRULÉE

Dogfish Head Pangaea

Seats must be reserved in advance. Please see your server for details!

Visit us on the web at www.summits-online.com



"At the Summit - the e-zine of Summits Wayside Tavern" is published weekly by Summits Wayside Tavern®, a restaurant chain in the southeastern US, head-quartered in Snellville, Georgia serving quality food and beverages.

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Where Are YOU?????

This photo was from my February trip to central Mexico. I visited several old beautiful colonial cities (Pátzcuaro, San Miguel de Allende, León de los Aldama). Very unlike what you may think of Mexico, very beautiful and very friendly people. The highlight of the trip was visiting the winter home of the Monarch butterflies. Yearly between about October and April a hundred million monarch butterflies migrate from Canada and north of the United States to the mountains



in Michoacán, to spend the winter in Oyamel Forests. It was the experience of a life time and a picture can do the experience no justice. So my Summit for this trip was a hike to 10,000 feet to visit with millions of monarch butterflies! — Tim Henderson, Tier 2 - Snellville

Send us a photo taken of yourself traipsing across some distant soil wearing your favorite Summit wear. If chosen, your photo will be published in our weekly newsletter and you will receive \$20 in Condors! So, put on your best smile for Summits! All articles submitted become property of Summits Wayside Tavern.

Email Jenny at: snellville@summitsonline.com

Did you forget...



Aleisa from the Snellville Beer Society rappelled a big building... in downtown Atlanta! We have it on good authority that she was spotted at the Snellville Summits the night before "training"... Hmmm, You have to admit that the Snellville Beer Society has guts!

New Drink Features!

Summits is pleased to pour the following fun cocktails featuring the Patron family of Tequilas! Try one soon.....

Patron Perfect Margarita: Patron Reposado, Patron Citronge, sour mix and a splash of orange juice

Pyrat Tropical Cocktail: Pyrat XO, Patron Citronge, and a splash of pineapple

Buttery Twist Martini: Patron XO café, Baileys Irish Cream and butterscotch schnapps

Mexican Tea: Patron Anejo, sour mix and coke

Funky Blue Margarita: Patron Reposado, Patron Citronge, blue curacao and sour

Black Raspberry: Patron reposado, Patron Citronge, black raspberry liqueur, and sour

Bee Sting: Patron Silver and Patron Citronge chilled to perfection!

Patron XO Café:
Patron tequila
and coffee



Beer Spotlight

Coney Island Beers

Saratoga Springs, NY

Founder Jeremy Cowan, "Schmaltz Brewing is committed to the development of exceptional beer, innovative branding and



thought-provoking content. By remaining true to its three pillars of Schmaltz - Quality, Community and Shtick - the company has attracted an exuberant cult following, and has established itself as a thriving national niche brand.

A portion of the proceeds from sales of the new Coney Island Lager will directly benefit Coney Island USA, a nonprofit organization dedicated to preserving and expanding lost forms of American popular art and culture, leading the renaissance in Brooklyn's historic Coney Island neighborhood.

Coney Island Lager Amber Lager 5.5%
Coney Island Albino Python White Lager 6%
Coney Island Sword Swallower Hoppy Lager 6.8%

Cooking with Beer Tips and Hints

Believe it or not, taken in moderation, beer is actually a very healthy food. It's full of vitamins and minerals which are good for nerve production, help you concentrate, increase blood circulation, and stimulate the metabolism. The hops, low alcohol content, and carbonation help relax the body.

A glass of beer has less calories than the equivalent amount of whole milk or apple juice, and much less than the empty calories contained in harder libations. Alcohol raises the levels of HDL (good cholesterol) thus benefiting the heart and circulatory system.

<http://homecooking.about.com/od/foodhealthinformation/a/beerhealth.htm>



Beer Geek

Anheuser-Busch is the largest brewery in the US. The longest bar in the world is the 684 foot long New Bulldog in Rock Island, IL.



The powers that be at Guinness say that a pint of beer is lifted about ten times, and each time about 0.56 ml is lost in a beer drinker's facial hair. That's a lot of wasted beer!

<http://www.professorhouse.com/food-beverage/wine-and-spirits/beer-facts-trivia.aspx>

Food Spotlight

Singapore Shrimp Bowl

Sautéed broccoli, carrots, mushrooms, garlic, red peppers, green peppers, sesame seeds and grilled shrimp tossed in a spicy garlic ginger soy sauce and served over a bed of freshly made egg noodles.

Look at our menu: www.summits-online.com and let your food adventure begin.



Did You Know?

Q: Is the biggest selling restaurant food: (a) hamburgers; (b) French fries; or (c) pizza?

A: French fries are served with 22% of all restaurant meals. Burgers are #2 at 17% (UPI).

Q: For every dollar you spend for produce at the supermarket, how much goes to the farmer who grew the produce: (a) 5 cents; (b) 10 cents; or (c) 15 cents?

A: About 5 cents (National Campaign for Sustainable Agriculture).



Quote of the Week

"All great deeds and all great thoughts have a ridiculous beginning. Great works are often born on a street corner or in a restaurant's revolving door." -- Albert Camus

The SUMMITS Calendar!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	Summits Univ. 18 Cumming RANDALL! Simcoe / Kona Fire Rock Pale Ale	Summits Univ. 19 Snellville Family Night! 5-9pm	CRAB!! 20 Trivia ALL locations:8p double!	Summits Univ.21 Woodstock	22 Harpoon C + W: Trivia 9p S Trivia 10p	7-9p 23 Ayinger Brau Weiss
24	25 RANDALL! Summitt / Sierra Nevada Double Bock	26 Family Night! 5-9pm	CRAB!! 27 Trivia ALL locations:8p double!	28	29 Paulaner Hefe C + W: Trivia 9p S Trivia 10p	7-9p 30 Allagash
31	Sept. 1 RANDALL! Liberty / Brooklyn IPA	2 Family Night! 5-9pm	CRAB!! 3 Trivia ALL locations:8p double!	4	5 C + W: Trivia 9p S Trivia 10p	7-9p 6 Budweiser
7	8 RANDALL! Amarillo / Magic Hat #9	9 Family Night! 5-9pm	CRAB!! 10 Beer Dinner Woodstock! Trivia ALL locations:8p double!	11	12 C + W: Trivia 9p S Trivia 10p	7-9p 13 Redhook Late Harv.